



## Referrals

### Physical Therapy w/ Postural Restoration

#### **Momentum PT**

160 Flynn Avenue  
Burlington, VT 05401  
(802)864-6262  
info@momentumpt.net  
Mon – Fri: 7 am – 7 pm

#### **Living Well Center for Integrative Health**

1 Market Place, #27  
Essex Junction, VT 05452  
(802)658-6092  
info@livingwellvt.com  
Monday 9a-5p  
Tuesday 8a-5p  
Wednesday 8a-5p  
Thursday 9a-5p  
Friday 8a-4p  
Closed Sa-Su

#### **South Burlington Physical Therapy**

1879 Williston Road, Unit 2  
South Burlington, VT 05403  
(802)399-2318  
admin@sbptvt.com  
Mon – Thu: 7 am – 6 pm  
Friday: 7am – 3pm

### Physical Therapy and Pilates

#### **Wayfinder Wellness and Physical Therapy**

Laura Bristol, DPT  
56 W Twin Oaks Terrace #4  
South Burlington, VT 05403  
(802) 391-4222

### Chiropractic

#### **Shelburne Chiropractic**

3240 Shelburne Rd #3  
Shelburne, VT 05482  
(802)985-8130  
shelburnechiro@gmail.com  
Mon & Wed: 8:30 am to 6:00 pm  
Tue: 8:30 am to 12:30 pm  
Thu: Closed  
Fri: 8:30 am to 6:00 pm  
Sat: 8:00 am to 10:00 am  
Sun: Closed

#### **Living Well Center for Integrative Health**

1 Market Place, #27  
Essex Junction, VT 05452  
(802)658-6092  
info@livingwellvt.com  
Monday 9a-5p  
Tuesday 8a-5p  
Wednesday 8a-5p  
Thursday 9a-5p  
Friday 8a-4p  
Closed Sa-Su

#### **Alignment Healing**

Greg Vrona, D.C.  
77 College Street  
Burlington, VT 05401  
(802) 777-1138  
gvrna@gmail.com  
Monday - Thursday



## Referrals

### Bodywork

Craniosacral Therapy (CST)

**Jamie Kearney, LMT**

Montpelier, VT 05601

(413)822-0921

[jamieakearney@gmail.com](mailto:jamieakearney@gmail.com)

Craniosacral Therapy (CST)

**Alignment Healing**

Greg Vrona, D.C.

77 College Street

Burlington, VT 05401

(802) 777-1138

[gvrona@gmail.com](mailto:gvrona@gmail.com)

Craniosacral Therapy (CST)

**Lakeside Massage & Bodywork**

Brooke Minetti, LMT

444 S Union St,

Burlington, VT 05401

802-323-3375

[lakesidemassagevt@gmail.com](mailto:lakesidemassagevt@gmail.com)

### Manual Lymph Drainage

Imagine Wellness Therapeutic Massage

Beth Hartmann

166 Athletic Drive, Shelburne, VT 05495

(802)777-5601

[imaginewellnessvt@gmail.com](mailto:imaginewellnessvt@gmail.com)

Hands of Solace

Charlotte Phillips

257 S. Champlain St

Burlington, VT 05401

(802)448-0355

[charlotte@handsofsolace.com](mailto:charlotte@handsofsolace.com)



## Referrals

### Feldenkrais Method

Gillian Franks  
**Feldenkrais with Gillian Franks**  
300 Cornerstone Dr, Ste 215  
Williston, VT 05495  
(802)655-0950  
gillian@gillianfranks.com

**Carolyn King**  
Richmond, VT  
(802)434-4515  
millhouse@gmavt.net

Uwe Mester  
**Vermont Feldenkrais**  
Charlotte, VT  
(802)735-3770  
movevt@gmail.com

### Rolfing

**Liesje Smith, Certified Rolfer**  
The Blue Water Center  
145 Pine Haven Shores  
Shelburne, VT 05485  
(802)355-1227  
www.liesjesmith.com

**Rolfing Vermont**  
595 Dorset Street, Ste 7  
South Burlington, VT 05403  
(802)865-4770  
rolfingvermont@gmail.com

**The Rolfing Center**  
Diane Rogers, Certified Rolfer  
(802)864-0444 office  
(802)999-9399 cell  
Montpelier, VT 06051



## Referrals

### Mental/Emotional Health Counseling

**Tiffany Tuttle, MSW**

VT Center for Anxiety Care  
112 Lake Street  
Burlington, VT 05401  
(802)865-3450 ext. 447  
tiffanyann.vcac@proton.me

**Juliana O'Brien, LCSW, M.Div.**

1233 Shelburne Rod Ste110  
S. Burlington, VT 05403  
(802)272-7139 text  
julianaobjubee@gmail.com

Please check with your insurance company for  
other therapists accepting new patients.